



Louisiana Department of Health and Hospitals /
Office of Aging and Adult Services

LT-PCS

Long Term Personal Care Services Program

What are Long Term-Personal Care Services?

Long Term-Personal Care Services Program provides help with activities of daily living for persons who qualify for assistance under the program guidelines. Examples of assistance include:

Help with:	Other Services:
<ul style="list-style-type: none"> • Eating • Bathing • Dressing • Grooming • Transferring • Walking • Toileting 	<ul style="list-style-type: none"> • Light Housekeeping • Preparing and storing meals • Grocery Shopping • Laundry • Reminders about Medicines • Help with Medical Appointments • Help finding transportation for medical appointments

This kind of help is not covered:	These services are not covered:
<ul style="list-style-type: none"> • Specialized or skilled nursing. • Giving medicine • Rehabilitative services • Specialized aide services • Help that is already being given by family or others in the community or through another assistance program 	<ul style="list-style-type: none"> • Cleaning areas of the home that the applicant does not stay in • Food preparation or laundry for anyone other than the applicant • Companionship • Sitter services • Supervision not related to activities of daily living

Who qualifies for Long Term-Personal Care Services? (LT-PCS)

People who receive Medicaid benefits **AND**

- Are 65 years old or older, **OR**
- Are 21 years old or older with a disability that meets the Social Security Administration definition of disability

Additional requirements include:

- Meet Nursing Facility Level of Care, **AND**
- Require at least limited assistance with one Activity of Daily Living, **AND**
- Be able to direct their care independently or through a responsible representative, **AND**

Meet ONE of the following:

- Be in a nursing facility and be able to be discharged if community-based services were available; **OR**
- Be likely to require nursing facility admission within the next 120 days; **OR**
- Have a primary care-giver who has a disability or who is at least 70 years old.

If you receive Medicaid and want to find out more about Long-Term-Personal Care Services, call the Louisiana Options in Long Term Care Help Line at 1-877-456-1146 (TDD 1-877-544-9544). You can call Monday thru Friday between the hours of 8:00 AM and 5:00 PM.

The call is free.